# IDH1700 (20058): Scholars Introduction to Professional Development

#### **Peer Leaders**

Elizabeth Pall: <a href="mailto:pall.elizabet@ufl.edu">pall.elizabet@ufl.edu</a>
Laila Mayfield: <a href="mailto:lj.mayfield@ufl.edu">lj.mayfield@ufl.edu</a>
Velan Thanasekar:

velanthanasekar@ufl.edu

# Regan Garner 201 Walker Hall

352-392-1519 (office)

rlgarner@ufl.edu 352-281-2427 (personal, emergencies only)

# **Regan's Office Hours**

Monday 1:00 – 3:00pm: Zoom Thursday 10am – 12pm: Zoom

In person meetings available by appointment: 352-392-1519

This Honors course for first-year John V. Lombardi Scholars and Stamps Scholars will introduce students to program expectations and provide a forum from which to explore resources available at UF. Content emphasizes the skills and strategies that facilitate a successful academic, professional, and personal life. You will begin to understand the organization of the university and learn from the experiences of other highly motivated students. Consistent feedback and regular participation are essential to the success of this course – we have a lot to learn from one another!

#### **Objectives**

- To become familiar with opportunities for involvement at UF, including but not limited to research, internships, leadership, and community engagement.
- To develop professional skills such as setting goals, networking, and oral and written communication.
- To learn practical skills for academic success such as personal reflection, developing a research proposal, and building relationships with faculty and staff at UF.
- To become acquainted with resources available to you on campus and in the Gainesville community.
- To strengthen your scholarship cohort and connect with upper-division scholars and alumni.

#### Readings

- Articles assigned relevant to class discussion. Posted in Canvas.
- Honors on Wednesday email

#### **General Expectations**

- Attend all class sessions and contribute to discussions.
- Complete all assignments on time submissions are always due by 11:59pm Sundays.
- Be respectful and attentive, especially to guest speakers and panelists.

#### **Accommodations**

• Students may request academic accommodations from the <u>Disability Resource Center</u> and share their needs with the instructor early in the semester

#### **Course Evaluations**

• Students are expected to provide feedback on the course by completion evaluations online and will be notified with the evaluation period opens.

#### **Grading:**

Attendance	20
LinkedIn Profile	10
Building Your Scholar Network	10
What's Happening	10
3MT Faculty Profile	10
3MT Research Proposal	10
3MT Research Presentation	10
Undergraduate Game Plan	20
	100

A = 90+ B = 80-90 C = 70-80

#### 1. Attendance and Participation 20 points

The first unexcused absence will result in a 5-point deduction, a second missed class earns another 5-point deduction, and so on. Note that arriving more than 15 minutes late to class counts as an unexcused absence.

This course is designed to build your community of scholars. Successful communities are built on a strong foundation of mutual respect and common courtesy for each member of the class, and for any guest speakers or panelists. Poor participation and lack of engagement with panelists may also affect your grade.

#### **Excused Absences:**

- Required student participation in a university-sponsored event
- Religious holidays: Religious holidays are always excused; please notify me in writing within the first two weeks of class so that appropriate accommodations may be made.
- Medical emergencies: Medical emergencies are excused with appropriate documentation
- Family Emergencies: Contact me in advance if possible
- Organization meetings / Meet-and-greets / Info sessions are not excused absences

#### 2. LinkedIn Profile 10 points

Your peer leader Aditya will discuss using networking as a tool to build authentic relationships in class on September 2. You will view his LinkedIn profile and learn tips on crafting a profile that highlights your skills and facilitates connection. After class you will:

- 1. Create (or revise) your LinkedIn profile
- 2. Connect with Regan
- 3. Follow the UF Honors Program
- 4. Join the Lombardi & Stamps Scholar group (Regan will invite you)
- 5. Stamps Scholars should also join the national Stamps Scholars group
- 6. Post a link to your profile to Canvas

Complete the above tasks no later than **11:59 pm September 7.** 

#### 3. Building Your Scholar Network 10 points

Upper-division scholars will visit class three times this semester to discuss their experiences as interns, research assistants, and campus leaders. Use these opportunities to connect with scholars with whom you share interests or identify a potential mentor via a peer leader or at an Honors Program or scholar event. Connect with a third or fourth-year scholar outside of class and provide a brief synopsis of your meeting (100-200 words). What did you learn? What are your next steps to build this relationship? Submit your report on Canvas no later than **11:59pm October 12.** 

## 4. What's Happening? 10 points

This assignment invites you to explore activities on and off campus and share your thoughts with your fellow scholars. Using the Discussion post titled "What's Happening?" in the course page on Canvas, record a short video telling your fellow scholars about an event or location you visited in Gainesville. Your video should be 1-3 minutes long and address the questions below. In addition to sharing your experience with others, this assignment allows you to practice your presentation and public speaking skills (valuable for interviews and online class discussions). See the Canvas page for links to suggested activities, but don't limit yourself to those! Submit your video no later than **11:59pm October 5.** 

- How did you hear about this event / place?
- What did you gain from attending / visiting?
- Did you interact with anyone while you were there?

## 5. 3 Minute Thesis 30 points total

This assignment is modeled on <u>3MT</u>, a research communication competition that challenges graduate students to make a compelling presentation on their dissertation topic and its significance in just three minutes. The competition helps students develop the capacity to explain their research to a non-specialist audience. We will discuss research throughout the semester, and you will hear from other scholars participating in undergraduate research. You will develop a proposal for research to be conducted during your time at UF – this may be something you are already working on or a "dream project" to tackle in the future. Instructions and tips for faculty profile and research proposal / slide / presentation found in Canvas.

- 1. Upload the faculty profile to Canvas by **11:59pm October 5.** [10 points]
- 2. Submit the research proposal and slide on or before 11:59pm November 2. [10 points]
- 3. Present your research proposal to class **November 4 or 18.** [10 points]

#### 6. Undergraduate Game Plan 20 points

Format and process discussed in class on October 28. Upload statement to Canvas by **11:59pm November 30.** 

Date	Topic	Class Prep		Reminders
08/26	Review Syllabus & Expectations	"What's the Point of an Honors College, Anyway?"	Regan Garner	
09/02	LinkedIn and Relationship Building		Aditya Gandhi, Stamps Scholar '27	
09/09	Honors Pillars		Dr. Melissa Johnson  Honors Program Interim Director	
09/10	UF Honors Scholar Welcome Reception	Prepare a brief personal intro for the reception		Great Hall @ Honors Village, 4pm
09/16	Internship Panel + Showcase Prep			
09/23	Research Panel + 3MT Check-in			
09/30	Involvement Panel	"Not Leadership Material? Good. The World Needs Followers."		
09/30 + 10/01	Fall Career Showcase	Identify three employers, bring resumes, prepare elevator speech	Stephen C. O'Connell Center	
10/07	Wellness	"The Effortless Perfection Myth"		
10/11	Scholars at Wauburg		Lake Wauburg Activity Day *optional*	
10/14	Leadership + Ethics		Dr. Brian Ray  Director, Poe Business Ethics Center	Bryan Hall
10/21	Resume Workshop + Registration Q&A	Bring your resume to class		
10/28	Grad School, is it for me?		Dr. Connie Mulligan  Professor, Department of Anthropology, Genetics Institute	
11/04	3MT Presentations			
11/11	Veterans Day Holiday			
11/18	3MT Presentations			
11/25	November Holiday			
12/02	Closing Discussion	"Only Connect"		