Honors Professional Development – Intro to Pre-Med

IDH 1700 - Section 23401 Mondays 1:55-2:45 pm Fall 2025

Instructor Information

Gregg Henderschiedt greggh@honors.ufl.edu 352-273-3850

Office Hours: By appointment

Contact: For course questions, please email me through Canvas

Course Description

This one credit course is intended for honors students in their first year who are interested in pursuing admission to medical schools after graduation. This course will provide information on how students can begin to prepare for being a medical school applicant. Students will build on professional skills such as resume building, workshopping personal statements, etc.

Course Objectives

- 1. Explore what is necessary to be a competitive applicant to medical school.
- 2. Explore the experience of healthcare from the multiple perspectives of the patient, the family and the healthcare provider
- 3. Explore the patient-professional relationship
- 4. Reflect on the concept of humanism in relation to healthcare
- 5. Complete a personal and professional development plan to assist with pursuit of admission to graduate program

Required Textbooks and Software

Extraordinary Doctor by Nimish Patel, MD, Page Two, 2024, ISBN978-1-77458-530-6

Attendance Policy, Class Expectations, and Make-Up Policy

Attendance and participation are expected for each class. Requirements for class attendance and make-up exams, assignments, and other work in this course are consistent with university policies. Click here to read the university attendance policies.

Evaluation of Grades

| 2,4,44,6,7,6,6,44,6,6 | | |
|--------------------------|---------------------------|--|
| Assignment | Percentage of Final Grade | |
| Weekly | 25% | |
| Attendance/Participation | | |
| Book Reflection | 10% | |
| Why Statement | 10% | |
| Career Reflection Paper | 15% | |
| Faculty Interview | 10% | |

| Pre-Med Action Plan | 10% |
|-------------------------|------|
| Resume | 10% |
| Four Year Academic Plan | 10% |
| Total | 100% |

Grading Policy

| Percent | Grade | Grade |
|---------|-------|--------|
| | | Points |
| 93-100 | Α | 4.00 |
| 90-92 | A- | 3.67 |
| 86-89 | B+ | 3.33 |
| 83-85 | В | 3.00 |
| 80-82 | B- | 2.67 |
| 76-79 | C+ | 2.33 |
| 73-75 | С | 2.00 |
| 70-72 | C- | 1.67 |
| 66-69 | D+ | 1.33 |
| 63-65 | D | 1.00 |
| 60-62 | D- | 0.67 |
| 0-59 | Е | 0.00 |

More information on UF grading policy may be found at: https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx

Course Content

| Week | Topic | Assignment Due |
|-------|-----------------------------------|-------------------------|
| 8/25 | Course Overview and Introductions | |
| 9/1 | No Class – Labor Day | |
| 9/8 | Circle of Life/Course timeline | |
| 9/15 | Identifying Your Why | Four Year Academic Plan |
| 9/22 | Competences | |
| 9/29 | Clinical/Non-Clinical Involvement | Upload Why Statement |
| 10/6 | Open Topic | Resume |
| 10/13 | Registration | |
| 10/20 | Book Discussion | Book Reflection |
| 10/27 | Stress Management | |
| | | |
| 11/3 | Research | Pre Med Action Plan |
| 11/10 | Open Topic | |
| 11/17 | Professionalism | Faculty Interview |
| 11/24 | No Class – Thanksgiving break | |
| 12/1 | Wrap Up | Career Reflection Paper |

Academic Policies and Resources

https://syllabus.ufl.edu/syllabus-policy/uf-syllabus-policy-links/

Syllabus is subject to change as needed.